Capshanna CVANS

Purpose Driven Storyteller, Contributor & Trauma-informed Change Agent

"Trauma informed transformation begins from right where we are. Start there" - Kahshanna 🛛 🚺 🕹 🔯 💥 🕇 🕩

Purpose Driven Storyteller, Contributor & Trauma-informed Change Agent



"If being a transformational change agent, community building communications strategist, trauma-informed resilient communities consultant, and purpose driven storyteller was a club, I'd be a lifetime member."

CAREER SUMMARY

Kahshanna Evans brings her passion for trauma-informed transformation, uniting people through stories, and community building through communications strategy to her roles as a Trauma Informed Resilient Communities Consultant, a New York State Trauma Informed Network and Resources Center (TINRC) Advisory Council Member, and Senior Strategist at Kissing Lions Public Relations. Kahshanna has been a leading strategic thinker in various industries, including wellness, communications, nonprofit, and professional services. During her tenure at a nonprofit that educates the public and private sector on PACEs and resilience science, Kahshanna served as a subject matter expert, organizational spokesperson, and facilitator of trauma-informed (TI) training for various communities in the public and private sector.

Engaging early on as on-camera talent with top brands in entertainment to include HBO, BET, ABC, NBC, and VH-1 sparked Kahshanna Evans' interest in storytelling—her most memorable as associate producer of an award-winning independent film produced by Spoonmore Productions. After studying various modalities of wellness, Kahshanna founded an independent communications consultancy to support niche, purpose driven subject matter experts and nascent brands and organizations in culture, art, tech, and wellness with a compelling story to tell.

As a lifetime student of human nature, interconnectivity, and play, Kahshanna maintains an evergreen affinity for human rights, the freedom of expression, and the regenerative power of transformation as a vehicle for a better world. Kahshanna has spoken about trauma-informed awareness and resilience as a guest presenter for the Hanna Summit, the Happy Summit, Resilient Yolo Summit. She has led digital educational experiences for Zintro and The EventPreneur Club. She has been a guest educator at LIM College and at CUNY/Murphy Institute for the National Women's Political Caucus NYC Chapter. She has been a guest panelist for Linkedin's TransformHER premier tech event and moderated a panel during the CUNY Women's Leadership Council alongside Andrea Shapiro Davis.

Kahshanna has been quoted in Mashable, New York Times, and trade and business publications including InEvent, Event Industry News, and TNJ.

🖬 J 🖸 🗙 f 🕒

MY "WHY"

During my time working at PACEs Connection—a nonprofit that educates on trauma-informed awareness, anti-racism, social justice issues, and resilience building practices through the evidence of positive and adverse childhood experiences (PCEs & ACEs)—incredibly dedicated leaders, educators, community builders, grassroots organizers and advocates participated in the Creating Resilient Communities (CRC) Accelerator certification program I spearheaded thanks to the generosity of grants, Genentech sponsorship, and donors. The PACEs science movement is bigger than any one organization—thankfully, our sixty thousand members, accelerator program participants, and fellows embraced that fundamental piece as the program came to a close due to an unfortunate lack of funding.

My interest in PACEs and resilience science is inspired by witnessing a world without access to interventions, protection, and medical care during my early years. It took what feels like a lifetime to process life-changing violence I witnessed and experienced as an adolescent at the hands of a law enforcement official and then caretaker. After immersing myself in personal development work and studying shamanism, reiki, and Voice Dialogue, I completed Trauma-informed Outreach training through The Connection Coalition (CoCo), a nonprofit organization that certifies volunteers, community members, and organizations to become trauma-informed to create connection and self regulation through mind / body practices.

An alchemical process of sorts happened as I began to incorporate discoveries that I made during the training and related wellbeing methods I'd studied and practiced over the years. The combination of these approaches increased my capacity to deepen, sweeten, and expand my intuition, emotional intelligence, empathy, joy, discernment and integrity in work and life. I finally arrived at the "P" in PACEs, for positive *and* adverse childhood experiences, and the need to focus on the role of communities to create nurturing experiences that help buffer the impact of adverse experiences. To me, it's an incredibly significant acknowledgement of the wholeness and humanity of those who have witnessed or experienced life-changing violence. I am beyond thrilled to amplify trauma-informed awareness through my work as an #EquityInPractice on-demand workshop series in partnership with Cockhren Consulting and as a TINRC Advisory Council member.

Let's talk about culture, repair, sisterhood, cross-cultural relationship building & healing from adverse childhood experiences.

As seen or quoted in...





Mashable InEvent bring Broadsuite Media Group

in ♂ Ø X f ⊡