

## Claire M. Schwartz

BA, Spiritual Counselor, Grief & Trauma Healing Expert, Professional Coach Trauma Survivor

Claire is a gifted and sought-after Healer & Coach, specializing in Grief & Trauma work. Her authenticity, directness and compassion create a powerful combination for clients and organizations alike.









"Claire is an excellent workshop presenter, energetic and passionate in her service to others. I would recommend her without reservation." - Prof. Dave Roberts, Utica College

### Featured by:







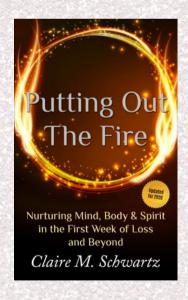




## Benefits for Your Organization

- Builds employee gratitude & loyalty
- Healthier employees do better work
- Boosts retention of valued employees
- Expands your reputation as an excellent workplace, which attracts new talent
- Being prepared makes you on point and ready, rather than struggling
- Builds like-minded partnerships that strengthen your brand at large

"Claire's teaching is clear, personal, intelligent and deep." - Workshop student



### **Book Testimonials**

"The best book on Grief & Loss that I have ever read."

- Izabella Van Tassel, Funeral Director

"This is a vitally important book and should be in the hands of everyone whose job includes dealing with the bereaved."
- Rev. Hugh Eckert

"When your heart is on fire from a loss, you are not capable of wading through a long, academic treatment of loss. You want something short, practical and to the point. Ms. Schwartz writes in a very conversational style and her words are very empathetic."

- Top 500 Amazon Reviewer

# Virtual Management Trainings for Bereavement & Trauma

### • Level One: Plan & Prepare Management Training:

- Learn preventative measures for when a loss or traumatic event occurs to manage stress and prevent burnout
- Compassionate and critical information on how lifechanging events can affect morale and productivity

### Level Two: Design & Create Management Consulting:

- Working with your team to craft and customize a Bereavement & Trauma Support Policy specific to your company's needs
- My C.A.R.E. System to build practices that actually work on a human level

#### Wound Care Post-Grief & Trauma Guidance:

- In the immediate aftermath of a shocking event, group or individual support for your team
- o Answers, tools & comfort in an overwhelming moment

"Claire is fiercely dedicated to her work and her clients. She has a unique gift for deep-reaching insight and compassion." - Jen, client

### Sample Speaking Topics

- Self-Care & Wellness in Traumatic Times
- How to Support Your Team, Friends & Family During Grief & Trauma
- Grief & Trauma Strategies in the Workplace
- Dissolving the Stigma of Grief & Trauma
- Holiday Healing from Grief & Trauma
- Topics on any traumatic subject, including Assault, Divorce, Illness, and much more Custom Topics, as per request